



Part of human nature is to avoid or delay decisions about something we don't want to think about. That's why it's so important to create your own end-of-life plan.



You may have had conversations with loved ones about your preferences and thoughts, but these discussions alone aren't enough. You must have written documents in place.

WHY MAKE AN END-OF-LIFE PLAN?



Making these decisions yourself reduces the burden for your loved ones.



You deserve to protect your wishes regarding your care, quality of life, etc.



Death and disability can happen at any age, no matter your health.

HEALTHCARE + MEDICAL

Read through this list and find out which documents that best suit your needs.



START YOUR PLAN

Congrats, you've already taken your first step!



HEALTHCARE POWER OF ATTORNEY

Name a trusted person to make healthcare decisions on your behalf.



LIVING WILL

Share your end-of-life medical wishes (prolong life, intubation, etc).



POLST OR MOLST

A Physician's Order for Life-Sustaining Treatment (optional).



DESIGNATION OF GUARDIAN

A legal guardian for healthcare purposes (similar to power of attorney).



ORGAN OR TISSUE DONATION

Save a life by becoming an organ or tissue donor.



MEDICAL INFORMATION

A clear outline of your providers, wishes, and medical records.



Did you know advance directives and medical documents can vary by state? Visit www.joincake.com/advance-directives to find your state-specific forms.

FINANCIAL + LEGAL

It's important to think about the many financial and legal aspects of end-of-life planning that affect your ability to pay for any healthcare you may need.



LONG-TERM HEALTH RESOURCES

Ensure you have a plan to pay for long-term care.



DURABLE FINANCIAL POWER OF ATTORNEY

If you're unable to manage your money, who acts on your behalf?



A WILL OR TRUST (!)

A legal document used to transfer your property to beneficiaries.



LOCATION OF DOCUMENTS

Share your documents easily with loved ones.



CONTACT INFORMATION

Your loved ones need to have contact info for doctors, attorneys, etc.



ASSETS AND DEBTS

Your assets and debts fall to your estate and beneficiaries when you pass.



DEPENDENTS

Plan for minor children, pets, or any other dependents.



If there's only one thing you take from this planning guide, it's that you **need a will**. This names an executor to handle your estate according to your wishes, and it protects your assets. A trust is similar, though it sets even clearer terms for your wishes.

DIGITAL LEGACY

Today, we live more of our lives online than ever before.
How do you protect your digital legacy?

EMAIL ACCOUNTS

What do you want to happen to your email accounts?

DIGITAL ACCOUNT ACCESS

Share passwords to any accounts you want loved ones to take over.

PHOTOS AND FILES

Your photos tell your story. How do you want these shared (if at all)?

SOCIAL MEDIA ACCOUNTS

You can memorialize social pages, delete them, or leave them as-is.

DIGITAL ASSETS

Crypto, gaming accounts, and more might be a part of your estate.

CREATE AN INVENTORY

Make a clear digital inventory of your accounts and digital assets.

DELETE UNUSED ACCOUNTS

Get in the habit of deleting any unused accounts to protect your data.



When you don't share account access, it's nearly impossible for loved ones to obtain login information without a court order. With your personal info on the web, make sure it's safe.

LEGACY ITEMS

You're the author of your legacy. How do you want to be remembered when you're gone?



PHYSICAL MARKER

Real-life objects that honor your memory include headstones, statues, etc.



MESSAGES AND STORIES

Do you want to leave your loved ones any messages, stories, or letters?



DEFINING CHARACTERISTICS

Everyone has their own way of defining themselves. It makes you special.



DEATH ANNIVERSARY WISHES

Funerals are for the living. How should your loved ones honor you yearly?



OBITUARY OR DEATH NOTICE

Why not write your own obituary?



An **ethical will** is a centuries-old practice. When you create an ethical will, you share what you want to spiritually pass on to others, like memories, life lessons, or traditions.



There are so many ways to share your story and your legacy. From memorial diamonds to photo diaries, consider how you want to be remembered by those you love.

FUNERAL PLAN

Everyone deserves a meaningful final sendoff.



FUNERAL DETAILS

Would you prefer a somber, traditional funeral, or something fun?



BURIAL, CREMATION, OR DONATION

Today, you have a lot of options for your final disposition.



CASKET OR URN

If you choose to have a casket or urn, what would you prefer?



FUNERAL GIFTS

While flowers are traditional, you could choose a donation, book, etc.



LOCATION

Places help tell our stories. Where do you want to be honored?



FUNERAL MOOD

Your funeral can be anything you wish—serious, outrageous, or unique.



PLANNERS AND SPEAKERS

Who do you trust to plan your funeral? Who would you like to speak?



PAYMENT ARRANGEMENTS

Funerals can be expensive. Consider pre-payment or making a budget.



Did you know the average funeral costs anywhere from **\$5,000 to \$10,000**? Considering your budget and arrangements in advance reduces the burden on your family.

NOW WHAT?

You've finished your plan. That's amazing! What should you do now? It's important to share your wishes with those you trust. From there, continue to update your plan as-needed with any big life changes.

1

CREATE A CAKE PROFILE

First, make a free Cake profile to define your wishes and start your own end-of-life plan.



www.joincake.com

2

UPLOAD YOUR DOCUMENTS

When you complete your account, upload your documents to share with friends and family.



www.joincake.com/profile

3

SHARE WITH FAMILY

Share your wishes with a trusted family member or friend. From there, set key contacts who have access to your plans.



www.joincake.com/profile

4

UPDATE YOUR PLAN

Your end-of-life plan is never one-and-done. Remember to update your plan regularly on a yearly basis or after any big life change (marriage, children, home purchase, etc).